



Merry Christmas

Erie County Stay Fit Dining Program

**Standard Menu
December 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
3 Lasagna with Meatsauce Green Beans Cauliflower Italian Bread Diced Peaches (716)	4 Turkey Tetrizzini with Penne Pasta Broccoli Carrots Carnival Cookies (693)	5 Salisbury Steak with Gravy Mashed Potatoes Lima Bean Bake Wheat Bread Mandarin Oranges (768)	6 ENTRÉE SALAD Cranberry Chicken Salad on a Bed of Lettuce with Classique Dressing Multigrain Crackers Fresh Apple (763)	7 Vegetable Quiche with Cheese Sauce Home Fries Wheat Dinner Roll Gelatin with Fruit (966)
10 Beef Macaroni Casserole with Shredded Cheddar Carrots Cauliflower Dinner Roll Pineapple Tidbits (743)	11 ENTRÉE SALAD Chicken Caesar Salad with Caesar Dressing Wheat Dinner Roll Pears (828) 	12 Macaroni & Cheese with Chicken Diced Beets Broccoli Rye Bread Fresh Banana Chocolate Milk (899) 	13 Hamburger with Onion Gravy on a Bun Scalloped Potatoes Seasoned Spinach Gelatin with Fruit Cocktail (878)	14 Breaded Fish with Tartar Sauce Carrots Coleslaw Broccoli Cheese Rice Casserole Chocolate Frosted Brownie (1008)
17 BBQ Pulled Pork on a Bun AuGratin Potatoes Romano Vegetables Fresh Orange (797)	18 Penne Pasta with Meatballs and Spaghetti Sauce with Shredded Mozzarella Peas Grape Juice Tropical Fruit Cup (814)	19 Christmas Meal Chicken Cordon Bleu with Herbed Cream Sauce Rice Pilaf Glazed Carrots Parslied Cauliflower Cheesecake with Cherry Topping (753) 	20 Meatloaf with Onion Gravy Mashed Potatoes Fiesta Corn Hamburger Roll Chocolate Chip Cookies (1037) 	21 Welcome Winter! Breaded Chicken Drumsticks Scalloped Potatoes Country Cottage Mixed Vegetables Wheat Bread Apple Pie (969) 
24 Boneless Chicken Breast with Gravy Cheesy Mashed Potatoes Peas Dinner Roll Butterscotch Pudding (657)	25 No Meals Served 	26 Breaded Veal Patty with Mozzarella Cheese and Tomato Sauce over Pasta Apple Juice Seasoned Spinach Sugar Cookies (972)	27 Soup & Sandwich Shredded BBQ Beef on a Soft Roll Minestrone Soup Mixed Vegetables Pineapple Tidbits Chocolate Milk (702)  	28 Breaded Boneless Pork Chop with Gravy Mashed Lyonnaise Potatoes Broccoli Wheat Dinner Roll Fresh Banana (696)
31 New Year's Meal Cabbage Roll with Savory Meatsauce Mashed Potatoes Carrots Wheat Dinner Roll Lemon Meringue Pie (923) 	Happy New Year! 	WINTER 		