TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052 716-652-7934/Fax 652-9083 www.townofaurora.com

Donna Bodekor - Director AUGUST ~ 2018

MONDAY August 6, 13, 20, 27

WORKOUT HOURS 8:00 am - 3:45 pm LINE DANCING 9:30 am - 10:30 pm **BEGINNERS LINE DANCING** Will resume in the Fall! **SCRABBLE** 10:00 am TAI CHI FORM 10:00 am "ASK A COMPUTER QUESTON" 1:00 -4:00 pm on August 6th **EUCHRE** 1:00 pm - 4:00 pm**SENIOR NOTES** 1:00 pm - 2:00 pm1:30 pm - 4:30 pm & 7 pm - 9pm 1st Mon. each month REDWORK PENNY SOUARE SENIOR SUPPER CLUB Aug 20-5:00 pm All Welcome! **MAH JONG** 12:30 pm **CARD MAKING CLASS TBA**

Amish Delights & Akron Sights Aug. 6^{th} - 8^{th} Bus leaves @ 7:30 am & Returns @ 8:00 pm On Aug. 27^{th} we will have a Bavarian Europe Departure Meeting for - Bus #1 – (9/28/2018) @ 1:30 pm Bus #2 – (9/29/2018) @ 3:00 pm

TUESDAY August 7, 14, 21, 28

WORKOUT HOURS

EXERCISE CLASS

CERAMICS

FIBER ARTS

TAI CHI

RED HATS

CERAMICS

Please call Helen for reservations @ 374-1045

SEWING CLASS

8:30 am - 9:30 am

Classes resume in September

10:00 am - 3:00 pm

1st & 3rd Tuesday

3:00 pm

Luncheon - last Tues. of each month at 11:30 am

Please call Helen for reservations @ 374-1045

UNIVERA Representative will be here on Aug. 7th at 2:00 pm Aug. 14th – Riverworks – Bus leaves @ 10:45 am and Bus returns @ 5:30 pm Join us for lunch on August 21st to celebrate **Senior Citizen's Day**!! Aug. 28th - Seneca Allegany Casino – Bus leaves at 8:30 am and Returns at 4:30 pm

WEDNESDAY August 1, 8, 15, 22, 29

WORKOUT HOURS 8:00 am - 3:45 pm EXERCISE CLASS 8:30 am - 9:30 am **CHINA PAINTING** 9:00 am - 10:45 am **DUPLICATE BRIDGE** 9:30 am- 2:00 pm YOGA NO YOGA MONTH OF AUGUST BOWLING - 11TH Frame Lanes RESUMES IN SEPTEMBER **SCRABBLE** 10:00 am **PAINTING Resumes in September** COLORING FOR ADULTS 1:00 pm - 3:00 pm 1:00 pm - 4:00 pm 3rd Wednesday of the month REDWORK PENNY SQUARE Aug. 22-2pm - Skinny Dip by Carl Hiaasen ASC BOOK CLUB

<u>HEALTH & WELLNESS</u> – Sponsored by Blue Cross& Blue Shield presented by Jennifer Johnson Wednesday August 15th at 12:45 pm – *Train For A Healthy Brain*

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THURSDAY August 2, 9, 16, 23, 30

WORKOUT HOURS 8:00 am – 3:45 pm

CHESS CLUB 10:00 am

<u>PILATES</u> 10:00 am – 11:15 am

<u>"ASK A COMPUTER QUESTION</u> 1:00 pm – 3:00 pm Aug. 9th & 23rd

TAI CHI 3:00 pm

MEXICAN DOMINOS 9:30 am Never Played??? Join us for instructions.

AURORA SENIOR CITIZEN CLUB MEETING - NOON

Thursday August 2 Birthdays

Thursday August 9 Erie County Picnic

Thursday August 16 Yellow Dot Program – Erie County Legislature Joe Lorigo

Thursday August 23 Bin

Thursday August 30

August 9 – Erie County Senior Picnic at Como Park – Bus leaves at 11:00 am Blue Cross & Blue Shield will be here Aug. 16th 10 am to 12 noon United Health Care – August 23rd from 10 am to 12 noon

FRIDAY August 3, 10, 17, 24, 31

 WORKOUT HOURS
 8:00 am - 3:45 pm

 PACE EXERCISE
 9:00 am - 10:00 am

SCRABBLE 10:00 am

 SENIOR FITNESS EXERCISE
 10:00 am

 TAI CHI FORM
 Resumes in the Fall!

 YOGA
 Resumes in the Fall!

 WOOD CARVING
 1:00 pm - 3:00 pm

 NNOCH F
 1:00 pm - 3:00 pm

 PINOCHLE
 1:00 pm - 3:00 pm

 PORTRAIT GROUP
 1:00 PM - 4:00 pm

Let's kick of Labor Day early and join us for lunch on August 31st !!!!

JUST A REMINDER: OPEN HOUSE WILL BE SEPTEMBER 10TH FROM 9 AM TO 12 NOON

STOP IN TO SEE WHAT IS HAPPENING AT YOUR SENIOR CENTER!

<u>LIVING HEALTHY NY</u> – Sponsored by Erie County Senior Services, FREE Diabetes Workshop Friday's October12th through to November 16^{th.} Classes are at 9:15 to 11:45

***** 2018*****

*** Bavarian Europe *** Sept. 29 – Oct 9th – Trip Filled

*** Washington DC ***

Spring 2019

*** Canadian Rockies ***

June 2019

Computers are available for your use - Please sign in in Office

LUNCH Join us daily at Noon Menu varies daily
As always, this is a suggested donation.

Donation \$3.00

As always, this is a suggested donation.

Sign up in dining room. Everyone Welcome!

We have a phone number for the hearing impaired. TTY-TTD-652-7611

NOTE: Our center is the emergency shelter for the Town of Aurora.

We are equipped with a generator and will be open during any emergencies.