

# TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, NY 14052

716-652-7934 / Fax 652-9083

[www.townofaurora.com](http://www.townofaurora.com)

**Donna Bodekor – Director**

**OCTOBER 2018**

**Senior Center is CLOSED on Monday October 8<sup>th</sup> Columbus Day**

**MONDAY** *October 1, 8, 15, 22, 29*

**WORKOUT HOURS**

8:00 am – 3:45 pm

**LINE DANCING**

9:30 am – 10:30 am

**BEGINNERS LINE DANCING**

10:45 am – 11:30 am Class on 10/1, 15, & 22

**SCRABBLE**

10:00 am

**CHESS CLUB**

10:00 am

**TAI CHI FORM**

10:00 am - 11:00 am

**EUCHRE**

1:00 am – 4:00 pm

**SENIOR NOTES**

1:00 pm – 2:00 pm

**REDWORK PENNY SQUARE**

1:30 pm – 4:30 pm & 7 pm – 9 pm 1<sup>st</sup> Mon. each month

**SENIOR SUPPER CLUB**

Oct 15<sup>th</sup> - 5:00 pm All Welcome

**MAH JONG**

12:30 pm

**CARD MAKING**

1:00 pm – 3:00 pm Oct. 15<sup>th</sup>

**“ASK A COMPUTER QUESTION”**

1:00 pm – 3:00 pm Oct 1<sup>st</sup>

October 29<sup>th</sup> from 4 – 6:30 pm Fall Fest – Music by Judd Sunshine , Catered by Texas Roadhouse Grill  
Cost is \$6 per person

**TUESDAY** *October 2, 9, 16, 23, 30*

**WORKOUT HOURS**

8:00 am – 3:45 pm

**EXERCISE CLASS**

8:30 am – 9:30 am

**CERAMICS**

10:00am – 3:00 pm

**FIBER ARTS**

10:00 am - 3:00 pm 1<sup>st</sup> & 3<sup>rd</sup> Tuesday

**Wii BOWLING**

12:30 pm – 3:00 pm 2<sup>nd</sup> and 4<sup>th</sup> Tuesday

**TAI CHI**

3:15 pm

**Red Hats**

Luncheon – last Tues. of each month @ 11:30 am

call Helen for reservations – 374-1045

**SEWING / QUILTING**

10 am to 1 pm Oct 23<sup>rd</sup> & Oct 30<sup>th</sup>

**“ASK A COMPUTER QUESTION”**

9:30 am Oct. 9<sup>th</sup> & 23<sup>rd</sup>

October 23<sup>rd</sup>, MYSTERY TRIP Bus leaves @ 8:45 am and returns @ 6:45 pm

Flu shots administered – Oct 16<sup>th</sup> - 9 am - 2 pm- Sponsored by Wegman's

Univera Representative – Oct 10 Seminar at 2 pm

Join us for our HALLOWEEN Luncheon, Oct 31<sup>st</sup> - RESERVE your spot TODAY!

**WEDNESDAY** *October 3, 10, 17, 24, 31*

**WORKOUT HOURS**

8:00 am – 3:45 pm

**EXERCISE CLASS**

8:30 am – 9:30 am

**CHINA PAINTING**

9:00 am – 10:45 am

**DUPLICATE BRIDGE**

9:30 am – 2:00 pm

**YOGA**

9:45 am - 10:45 am

**BOWLING** – 11<sup>TH</sup> Frame Lanes

12:00 pm – 2:30 pm

**SCRABBLE**

10:00 am

**PAINTING**

1:00 pm – 3:00 pm

**COLORING FOR ADULTS**

1:00 pm – 3:00 pm

**REDWORK PENNY SQUARE**

1:00 pm – 3:00 pm 3<sup>rd</sup> Wed. of the month

**ASC BOOK CLUB**

2:00 pm Oct. 24<sup>th</sup> *Light in the Ruins by Chris Bohjalian*

**HEALTH & WELLNESS** Sponsored by Blue Cross & Blue Shield with Jennifer Johnson

Wednesday, Oct. 17<sup>th</sup> @ 12:45 Meal Planning for One or Two

**UNIVERSITY EXPRESS LECTURE SERIES** Iconic Buffalo Landmarks, Wed. 10/10, 1:30 pm.

Theodore Roosevelt, American Green President, Wed. 10/24, 1:30 pm

Should I Turn Things Over to My Children? Wed. 10/31, 1:30 pm. Register today in the office or call the Center @ 652-7934

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**THURSDAY** *October 4, 11, 18, 25*

**WORKOUT HOURS**

**YOGA**

**CHESS CLUB**

**PILATES**

**"ASK A COMPUTER QUESTION"**

**TAI CHI**

**BEGINNER TAI CHI**

**MEXICAN DOMINOS**

8:00 am – 3:45 pm

8:30 am – 10:00 am

10:00 am

10:00 am – 11:15 am

1:00 pm – 3:00 pm Oct 11<sup>th</sup> & 25<sup>th</sup>

3:15 pm

3:30 pm - Oct 3 – Nov 28

9:30 am – Never Played?? Join us for instructions

*Fidelis Healthcare Oct. 25<sup>th</sup> 9:30 am to 11:30 am / United Health OCT. 25<sup>th</sup> from 1 pm to 4 pm*

## **AURORA SENIOR CITIZEN SOCIAL CLUB MEETING - NOON**

*Thursday October 4*

*Birthdays – Senior Notes Performing*

*Thursday October 11*

*Trash & Treasures*

*Thursday October 18*

*Senior Notes*

*Thursday October 25*

*Halloween Party Costumes expected -Free Bingo*

**FRIDAY** *October 5, 12, 19, 26*

**WORKOUT HOURS**

8:00 am – 3:45 pm

**PACE EXERCISE**

9:00 am – 10:00 am

**SCRABBLE**

10:00 am

**SENIOR FITNESS EXERCISE**

10:00 am

**WOOD CARVING**

1:00 pm – 3:00 pm

**PINOCHLE**

1:00 pm – 3:00 pm

**LIVING HEALTHY NY** -Diabetes Workshop 9:15 am – 11:45 am Fridays, Oct. 12<sup>th</sup> – Nov. 16<sup>th</sup>

**"FREE WORKSHOP "** Sign up in the Office today or call the Center @ 652-7934

2019		
Trip Presentations	2:30 pm to 6:30 pm	November 19th
*** Washington D.C. ***		Spring 2019
*** Canadian Rockies ***		Spring 2019
*** Iceland ***		2020

## **AARP SMART DRIVING PROGRAM**

**Oct. 1 & 2 5 pm to 8 pm and Oct. 25 & 26 1 pm to 4 pm**

**Computers are available for your use – Please sign in in Office**

**LUNCH** - Join us daily at Noon Menu varies daily Donation \$3.00

As always, this is a suggested donation.  
Sign up in dining room. Everyone Welcome

*We have a phone number for the hearing impaired. TTY-TTD-652-7611*

**NOTE: Our center is the emergency shelter for the Town of Aurora.  
We are equipped with a generator and will be open during any emergencies.**