

# TOWN OF AURORA SENIOR CENTER

101 King Street, East Aurora, N.Y.14052

716-652-7934/Fax 652-9083

[www.townofaurora.com](http://www.townofaurora.com)

*Donna Bodekor - Director*

**MAY ~ 2024**

*Senior Center Closed: Monday, May 27<sup>th</sup> for Memorial Day*

## **MONDAY** *May 6, 13, 20*

### WORKOUT HOURS

8:00 am – 3:45 pm

### LINE DANCING

10:00 am – 11:00 am

### ROTATING KNITTERS

10:00 am

### TAI CHI FORM

10:00 am

### MAHJONG

12:30 pm

### SENIOR NOTES

1:00 pm – 2:00 pm

### CARD MAKING CLASS

1:30 pm *May 6<sup>th</sup>*

### EUCHRE

1:00 pm – 3:45 pm

### JEWELRY CLASS

1:30 pm *May 13<sup>th</sup>*

### SENIOR SUPPER CLUB

*May 20<sup>th</sup> – 5 pm - 7 pm ~ All Welcome!*

*Nutritional Education Workshop- Improve Your choices in shopping, eating and physical activity.*

*Mondays-April 15-June 10<sup>th</sup>@11:00-Noon. Sign up in the office*

*Join us for Merry Monday, May 6@ 1PM. All are welcome.*

## **TUESDAY** *May 7, 14, 21, 28*

### WORKOUT HOURS

8:00 am – 3:45 pm

### EXERCISE CLASS

8:30 am – 9:30 am

### FRIENDSHIP SEWING CIRCLE

9:30 am – 12:30pm *May 14<sup>th</sup> & 28<sup>th</sup>*

### CHESS CLUB

10:00 am

### CERAMICS

10:00am – 1:00 pm

### SOUTHTOWNS SPINNERS

10:00 am – 2:00 pm *May 14<sup>th</sup>*

### TUES. @ THE ARTS

10:00 am – 2:00 pm *May 7 & 21*

### SINGLES

11:45 pm -May 14 -Meet at Danny's South

### WII BOWLING

12:30 pm *May 14<sup>th</sup> & 28<sup>th</sup>*

### TAI CHI

3:15 pm

*University Express – all start @1:00 PM -May 7 -Erie County Parks, May 14 – Self Defense for Seniors,*

*May 21 – We Didn't Start the Fire, May 28 – An Intro to Decluttering & Home Organizing,*

*May 29 – Let's Talk Sports. Call 652-7934 or sign up in the office.*

## **WEDNESDAY** *May 1, 8, 15, 22, 29*

### WORKOUT HOURS

8:00 am – 3:45 pm

### EXERCISE CLASS

8:30 am – 9:30 am

### CHINA PAINTING

9:00 am – 12:00 noon

### DUPLICATE BRIDGE

9:30 am – 2:00 pm

### YOGA

9:45am-10:45 am

### SCRABBLE

10:00 am

### BOWLING – Mister's Bowling Lanes

12:00 Noon - 2:30 pm

### DRAWING & PAINTING

1:00 pm – 3:00 pm

### COLORING FOR ADULTS

1:00 pm – 3:00 pm

### SIMPLY KNITTING

1:00 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of month

### ASC BOOK CLUB

2:00- *May 22<sup>nd</sup> -*

*Mother's Day Lunch- May 8<sup>th</sup>-Broccoli Stuffed Chicken with Herb Cream Sauce,*

*Rice Pilaf, Carrots & Cauliflower, Peach Pie. Please call 652-7934.*

*Seneca Allegany Casino – May 1<sup>st</sup> – Bus leaves at 11:00 am & returns at 6:30 pm*

*University Express all start @1:00 pm -May 8 – What is Memory & How to Keep It, Thae*

*May 15-The 2 Wives of Millard Fillmore, May 29 – Let's Talk Sports.*

*Please call 652-7934 or sign up in the office.*

*Mystery Tour – May 22<sup>nd</sup> – Bus leaves at 9:00 am & returns at 5:30 pm*

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**THURSDAY May 2, 9, 16, 23, 30**

WORKOUT HOURS

EXERCISE CLASS

PILATES

MEXICAN DOMINOS

TAI CHI FORM

CHESSE CLUB

TASC SOCIAL CLUB

PEDRO CARD GAME

TAI CHI

8:00 am – 3:45 pm

8:30 am – 9:30 am

9:00 am – 10:00 am

9:30 am – Join us for instructions!

10:00 am – 11:00 am

10:00 am

12:00 pm

1:00 – 3:45 pm

3:15 pm

On 5/30, Rachel Potter, Erie County Social Worker is here on the last Thursday of each month from 10 am – 12 noon.

**Kentucky Derby Party begins at 10:30 am on May 2<sup>nd</sup>**

**Join us for the Kentucky Derby Day luncheon, call to place your bet, no we mean your lunch reservation.**

**Don't forget to join us on May 9<sup>th</sup> for the Mother's Day Luncheon**

**CLARITY GROUP May 16<sup>th</sup> 10:00 am to 11:30 am**

**HIGHMARK INSURANCE will be here on May 30<sup>th</sup>, 10:30 am to 12:30 pm**

**Choose Healthy WNYDiabetes Self-Management Workshop-May 9 - June 13@1-3:30 pm.**

**Sign up in the office.**

**AURORA SENIOR CITIZEN CLUB MEETING**

**12:00 NOON**

Thursday May 2

*Birthdays and Kentucky Derby Party*

Thursday May 9

*Board Meeting, Trash & Treasures- Mother's Day Celebration*

Thursday May 16

*Senior Notes Perform*

Thursday May 23

*Bingo*

Thursday May 30

*Movie*

**FRIDAY May 3, 10, 17, 24, 31**

WORKOUT HOURS

YOGA - CHAIR ASSISTED

PACE EXERCISE

CREATIVE PAINTING

SENIOR FITNESS with BANDS & BALLS

YOGA

PINOCHLE

PORTRAIT GROUP

8:00 am - 3:45 pm

8:00 am – 8:45 pm-No Yoga May 24

9:00 am – 10:00 am

9:00 am – 12:00 pm

10:00 am

11:00 am – 11:45 am Resumes June 7

1:00 pm – 3:45 pm

1:00 pm – 3:00 pm

**In honor of our Veterans please join us for the Memorial Day Luncheon on May 24<sup>th</sup>, call 652-7934 to reserve lunch.**

## \*\*\*\* 2024/2025 TRIPS \*\*\*\*

\*\*\* Jersey Boys-Merry-Go-Round Playhouse \*\*\*

June 18 2024

\*\*\* Sight & Sound Theatre \*\*\*

April 2025

\*\*\* Maine \*\*\*

June 2025

\*\*\* Glacier NP, Yellowstone NP, Grand Teton & Salt Lake City \*\*\*

Sept. 2025

## RK DEFENSIVE DRIVING

**May 20 & 21 from 5 pm to 8pm**

**Prepay by Cash or Check made out to Ronald Krowka**

**Computers are available for your use – Please sign in at Office**

**LUNCH - Join us daily at Noon Menu varies daily Suggested Donation \$3.00**

**Please call 652-7934 to place your reservation.**

**We have a phone number for the hearing impaired: TTY-TTD-652-7611**

**NOTE: Our center is the emergency shelter for the Town of Aurora. We are equipped with a generator and will be open during any emergency.**